



**VANTAGE**  
**ACADEMY**  
Kettlebells | Self Defence | Taekwon-Do



# Taekwon-Do & Tactical Edge Seminar

with Mr Philip Lear

*Taekwon-Do 5th Degree & Tactical Edge Instructor*

*ITF Taekwon-do European & 2 times World Champion Coach of the English ITF Taekwon-do Team*



Just £35 per person!

Sunday July 11th 2010

10.30am - 12.30am - Taekwon-Do

1pm - 3pm Tactical Edge

Seminar Location: The Gym, Cams Hill School, Fareham, PO16 8AH

Contact Matthew Collins for details on 07766 522261 or

[matthew@collinstkd.com](mailto:matthew@collinstkd.com)

Places are limited and its strictly first come first served!